

Accessible and Inclusive Reading List

This reading list draws together a range of information resources held both physically within the UoB Library collection and links to external, useful, virtual resources.

It includes topic areas that provide students and staff with self-help, support and information. In turn we hope this will promote greater understanding of diversity within and beyond our academic community. We aim to include practical 'how to' resources and more general thought provoking reading.

- Accessible and Inclusive Library Advisory Group

View Online



1.

Martin, R., Ilic, L., Cooper, T. & Cooper, C. Top tips for Asperger students: how to get the most out of university and college. (Jessica Kingsley, 2011).

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Jamieson, J. & Jamieson, C. Managing Asperger Syndrome at college and university: a resource for students, tutors and support services. (Routledge, 2007).

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A day in the life of an Oxford wheelchair user – Oxford Accessibility Project (Jan 2017). (29AD).

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<https://www.equalityhumanrights.com/en/disability-report-being-disabled-britain>.

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Young, S. & Bramham, J. Cognitive-behavioural therapy for ADHD in adolescents and adults: a psychological guide to practice. (Wiley-Blackwell, 2012).

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Solanto, M. V. Cognitive-behavioral therapy for adult ADHD: targeting executive dysfunction. (Guilford Press).

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Barkley, R. A. & Benton, C. M. Taking charge of adult ADHD. (The Guilford Press, 2010).

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Jamieson, C. & Morgan, E. Managing dyslexia at university: a resource for students, academic and support staff. (Routledge, 2008).

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Moody, S. Dyslexia: surviving and succeeding at college. (Routledge, 2007).

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Trans bodies, trans selves: a resource for the transgender community. (Oxford University Press, 2014).

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I am transgender: Allyson Robinson at TEDxNightingaleBamfordSchool. (1AD).

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My true gender identity: Niklaus Fluetsch at TEDxZUG. (2AD).

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theyismypronoun.com. <http://theyismypronoun.com/>.

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Being a Trans Mathematician: A Q&A with Autumn Kent - Scientific American Blog Network.
<https://blogs.scientificamerican.com/roots-of-unity/q-a-with-autumn-kent/>.

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Trans 101 - The Basics. (30AD).

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Okorocho, E. International students' experience in UK higher education: a research based investigation of the academic, personal, social and cultural experience of undergraduate and postgraduate international students, with recommendation [sic] for coping strategies. (arima publishing, 2010).

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Couzin, G. Problems and difficulties of studying in a foreign academic environment: how do British students of science & engineering cope with the ups and downs of academia on the Continent? (1995).

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Ge Gao and Stella Ting-Toomey. Communicating effectively with the Chinese. (Sage Publications, 1998).

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Owton, H. Studying as a parent: a handbook for success. vol. Palgrave student to student (Palgrave Macmillan, 2014).

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Dawson, C. & dawsonera. The mature student's study guide: essential skills for those returning to education or distance learning. (How To Content, 2007).

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Dawson, C. Learning how to study again: a practical guide to study skills for mature students returning to education or distance learning. (How To Books, 2004).

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De Fazio, T. Studying part time without stress. (Allen & Unwin, 2002).

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Cox, S. & Heames, R. *Managing the pressures in teaching: practical ideas for tutors and their students*. (Falmer Press, 1999).

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Smith, G. & ProQuest (Firm). Self-soothing: coping with everyday and extraordinary stress. (Pavilion, 2013).

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Self-care for introverts: 17 soothing rituals for peace in a hectic world.

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Kimberlé Crenshaw - *On Intersectionality - keynote - WOW 2016*. (14AD).

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<https://middleeastrevised.com/2014/10/17/coming-home-queer-south-asians-and-the-politics-of-family/>.

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<https://www.alokvmenon.com/blog/2017/1/17/online-harrassment-of-gnctransfeminine-peo>

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